



DECISIONS AND VALUES CHECK LIST

Sometimes we regret making decisions because they are not based on (or because they go against) our core values. We can make decisions based on other things. Can you list the most important decisions of the last five years and identify the main factor you considered?

DECISION	CORE VALUES	PARENTS	PARTNER	SON / DAUGHTER	PRIDE	BOSS / FRIENDS	MONEY	MATERIAL GOODS	OTHER'S OPINION
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