



TOP COACHING PACKAGE

FOR WHO? –

Professionals with 3-10 years of experience, looking to reinvent themselves and get an upgrade in a management role, increasing their income by 20-30% over a year.

GOAL OF THE PACKAGE –

The Top coaching program is 100% practical and formulated to provide professionals with exhaustive knowledge and tools about managerial and commercial skills to pursue and succeed in high-executive roles or manage specific challenges.

COMMITMENT –

4 months

WHAT IS INCLUDED?

- 16 live coaching sessions (16h) – via zoom or face to face (see plan next page)
- 20 different frameworks
- Introduction meeting free of charge
- DISC assessment and debrief
- Complementary readings
- Complimentary commercial toolkits
- Live support via WhatsApp





DETAILED COACHING PLAN

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		Coaching Session
Week 0		Introduction
Week 1	CSO1	Core values & SWOT
Week 2	CSO2	Personal vision & mission
Week 3	CSO3	Personality – DISC debrief
Week 4	CSO4	Powerbase and internal politics
Week 5	CSO5	Delegation and time management
Week 6	CSO6	Leaders dashboard
Week 7	CSO7	Influencing & effective communication
Week 8	CSO8	Management of conflict & difficult conversations
Week 9	CSO9	Negotiations
Week 10	CSO10	Personal branding and value proposition
Week 11	CSO11	Commercial & managerial skills
Week 12	CSO12	Looking for a new role
Week 13	CSO13	Moving to a new location
Week 14	CSO14	Decision-making process
Week 15	CSO15	Changes and transitions
Week 16	CSO16	Wrap-up, action plan, goals evaluation

