



EXECUTIVE COACHING PACKAGE

FOR WHO? –	Professionals with at least three years of experience looking to reinvent themselves, move up to an upper management role or strong some specific leadership or commercial skills.
GOAL OF THE PACKAGE –	The Executive coaching package is 100% practical and formulated to provide professionals with exhaustive knowledge and tools to pursue high-executive roles or manage specific challenges.
COMMITMENT –	3 months
WHAT IS INCLUDED?	<ul style="list-style-type: none">- 10 live coaching sessions (10h) – via zoom or face to face (see plan next page)- 15 different frameworks- Introduction meeting free of charge- DISC assessment and debrief- Complementary readings- Complimentary commercial toolkits- Live support via WhatsApp





DETAILED COACHING PLAN

EXECUTIVE COACHING PACKAGE

		Coaching Session
Week 0		Introduction
Week 1	CSX1	Core values & SWOT, vision & mission
Week 3	CSX2	Personality – DISC debrief
Week 4	CSX3	Powerbase and internal politics
Week 5	CSX4	Influencing & effective communication, management of conflict
Week 6	CSX5	Negotiations
Week 8	CSX6	Personal branding and value proposition
Week 9	CSX7	Commercial & managerial skills
Week 10	CSX8	Decision-making process
Week 11	CSX9	Changes and transitions
Week 12	CSX10	Wrap-up, action plan, goals evaluation

