

## CAREER BOOST COACHING PREMIUM PACKAGE

### – FROM TECHNICAL TO MANAGEMENT

- FOR WHO? –** Professionals, graduates from technical careers with 3-10 years of experience, looking to reinvent themselves and get an upgrade in a management role, increasing their income by 20-30% over a year.
- GOAL OF THE PACKAGE –** The coaching program is 100% practical and formulated to provide technical professionals with exhaustive knowledge and tools about managerial and commercial skills to pursue and succeed in high-executive roles in or outside the organization.
- COMMITMENT –** 6 months
- WHAT IS INCLUDED?**
- 20 live coaching sessions (20h) – via zoom or face to face (see plan next next page)
  - 25 different frameworks
  - Introduction meeting free of charge
  - DISC assessment and debrief
  - Complementary readings
  - Complimentary commercial toolkits
  - Live support via WhatsApp



## DETAILED COACHING PLAN - CAREER BOOST COACHING PREMIUM PACKAGE

		Coaching Session
Week 0		Introduction
Week 1	CST1	Core values & SWOT
Week 2	CST2	Personal vision & mission
Week 4	CST3	Personality – DISC debrief
Week 5	CST4	Delegation and time management
Week 6	CST5	Leaders dashboard & 5 year's plan
Week 7	CST6	Powerbase and internal politics
Week 8	CST7	Influencing & effective communication
Week 9	CST8	Management of conflict & difficult conversations
Week 10	CST9	Free session
Week 11	CST10	Negotiations
Week 13	CST11	Role-play exercise (negotiations)
Week 12	CST12	Personal branding and value proposition
Week 14	CST13	Commercial & managerial skills
Week 15	CST14	From technical to commercial (challenges)
Week 16	CST15	Decision-making process
Week 17	CST16	Introducing a role that doesn't exist
Week 19	CST17	Looking for a new role
Week 21	CST18	Moving to a new location
Week 22	CST19	Bridge from old to a new role (transitions)
Week 24	CST20	Wrap-up, action plan, goals evaluation